



Week 3 Shopping List

- Batteries – stock up on AAA, AA, and D – be warned that the cheapo dollar store batteries don't last long at all. You'll spend less money in the long run by buying name brands in quantity
- Tea light candles
- Did you get that battery-operated fan yet?
- [External battery pack for your cell phone](#)
- Off-grid cooking method if you don't have one yet – we recommend the [Solavore solar oven](#) (hurry and use the code summermom for 20% off through July 5!) or a rocket stove like the [Volcano 3](#).
- [Disaster Preparedness for EMP Attacks and Solar Storms](#) by Dr. Arthur T. Bradley
- [Army First Aid Manual](#)
- [One Second After](#) by William Forstchen
- [Surviving EMP](#) by Rob Hanus