



# Week 6 To Do List

This week, the to-do list is short because the challenge is so involved.

## No-Cost Preps

1. **Set up supplies for emergency handwashing.** You can use an old-fashioned pitcher and basin, hand sanitizer, baby wipes, or a combination of methods. While I don't normally recommend antibacterial soap, during an emergency, it's a different ballgame and can help prevent illness from poor sanitation.
2. **See what's on Netflix and enjoy a disaster movie marathon with the family.** Use it as a launch point for discussing what you'd do in the same situation, and maybe even getting them more on board with prepping.

## Low-Cost Preps

1. **Read some prepper fiction.** When you're relaxing poolside, sometimes reading fiction can give you some new inspiration. Some favorite books are [One Second After](#) (a classic about life after an EMP strike), [Day of Wrath](#) (about a coordinated terrorist attack on American soil), and [Going Home](#) (about a man on a business trip far from home when the lights go out for good.)
2. **Stock up on some disposable cleaning items** to make life easier during a short-term water emergency:
  - Paper towels
  - Paper napkins
  - Disinfecting wipes (like Lysol wipes)
  - Hand sanitizer.