



Preppers University

How to Survive Civil Unrest

1. Class overview
2. Current warning signs
3. Examples of what could occur
4. Threats of future violence
5. Lessons from Ferguson
6. Lessons from Charlotte
7. Lessons from Milwaukee
8. How does a crowd become a mob?
9. Characteristics of a group

10. Four types of crowds

- a. Casual
- b. Cohesive
- c. Expressive
- d. Aggressive
- e. Not all crowds are _____, but all crowds have the _____ to become dangerous.

11. 6 Flashpoints

- a. Denial of _____
- b. Perceived _____
- c. Perceived abridgement of _____
- d. Lack of _____
- e. Excessive or improper _____
- f. Unwillingness to _____

12. Anatomy of a mob

- a. No regard for _____.
- b. Willing to risk _____.
- c. 3 types of mobs
 - i. _____
 - ii. _____
 - iii. _____

13. Mob psychology

- a. Anonymity
- b. Universality
- c. Inability to _____
- d. Social _____
- e. Contagion

14. Common strategies of mobs and rioters

15. Intimidation strategies

16. Paid agitators

17. Use of social media

18. Your 24-Hour Plan

- a. Cash
- b. Fuel
- c. Medications
- d. First Aid
- e. Groceries
- f. Water
- g. Pets
- h. Self defense

19. Secure your home

20. Talk with family members

21. The Get-Home Plan

- a. From work

- b. From school
- c. Running errands
- d. Out of town

22. If you have younger children...

- a. Who will pick kids up?
- b. Devise an efficient _____.
- c. Make sure schools have written permissions.
- d. Kids should be _____.

23. If you have older children...

- a. Make plans for them to get home
- b. Devise safest routes
- c. Tips for college age kids

24. Supplies for kids backpacks

25. When home may not be the safest choice

26. Prep each vehicle

27. Emergency kits

- a. One in vehicle
- b. One at workplace
- c. Kits should basically _____.
- d. Use _____ sense about when to stay or go.

28. Tips for getting home

29. Escape-the-Mob plan

30. Signs of potential unrest

- a. Avoid large _____
- b. Predict local _____ for unrest
- c. Watch/listen to _____
- d. Avoid planned, publicized _____
- e. Stay in touch with _____
- f. Watch social media
- g. Get phone apps for _____
- h. Maintain situational _____

31. If you're unable to get out

- a. Carry with you

- b. Be smart about what you wear

32. Crowd escape tactics

33. When/if it turns violent

- a. Something to cover your face
- b. Kids
- c. Gray man
- d. Never _____ group emotion
- e. Mimic group _____

34. Don't provide a photo-op

35. What is crowd crush?

36. The Hunker Down Plan – safe at home

37. Cooperate with police

38. Go into lockdown

39. Keep the family together in one place

40. If your home is in an unsafe area

41. Equip a safe room

42. Plan to stay home until things settle down
- a. Stay home from work/school, if possible
 - b. Have enough _____ on hand
 - c. Keep all family and pets _____
 - d. Have _____ options

43. Hunkering down when you can't get home
- a. Bug out bag/Get home bag
 - b. EDC
 - c. Ready to walk
 - d. Communication
 - e. Change of _____
 - f. Sleeping _____
 - g. Food, water, warmth
 - h. Cash

44. Register for our next Prepping Intensive!
- a. Registration opens November 13
 - b. Class begins January 8
 - c. Advanced Prepping Intensive coming in January!

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