



Week 10 Weekly Challenge

Where Do You Go From Here?

This is the last week of your prepping intensive, and now, we want you to do a very similar assessment to the one you did when you started. This will help you make a plan of where you will go from here and it will also help you to see how far you've come since you began if you compare your answers here with your original assessment.

- Are your family members on board with preparedness? Have you made any progress toward gaining their interest and cooperation?
- How long could you feed your family with only the supplies you have on hand?
- How long could you go without running water with the supply you have on hand?
- Have you adapted your plans for any family members with chronic illnesses or health concerns?
- Do you have a way to purify water?
- Do an inventory – how much have you increased your food supply?
- Do you have a way to stay warm in cold weather and cool in hot weather (that does not depend on the grid)?
- Do you have back-up lighting?
- Have you prepped for your pets?
- Do you have a personal evacuation plan?
- Do you have a plan for medical emergencies that includes written information, medications, and first aid supplies?
- Are you producing any food for yourself? Do you have a plan to do so?
- Have you taken steps to make your home more secure?
- Have your concerns about disasters that could befall your family changed since you began the session?

Using the answers to these questions and the information you've learned, develop a plan for the next steps that you will take. Put your plan in writing. We'll use the forum and upcoming classes in the membership site to help you make it happen!