



Week 9 Weekly Challenge

Worst Case Scenario Challenge

This week we're talking about worst-case scenarios – prepping for events beyond a power outage from a storm or a small blip that is an inconvenience.

It's difficult to narrow that down to one challenge, so we opted for the most likely of these scenarios for our challenge: economic collapse.

An economic collapse can be on a grand scale, like the one occurring in Venezuela, or it can be personal, affecting only your family. This week, assess your current chances should an economic crisis hit close to home:

- For how long could you pay your bills if your income stopped?
- If you had to rely on the food in your pantry, how long could you make it stretch with only minimal trips to the store for other supplies?
- Is there some fat you could trim from your regular monthly expenses? The less we spend, the longer we can stretch our limited resources.
- For an event that only affects your family, there are more options for acquiring food than if it is a scenario in which everyone is hungry. In such a situation, what sources could you tap into to pad your food supply? Some examples might be:
 - Hunting
 - Fishing
 - Foraging
 - Growing vegetables
 - Raising meat animals

Spend some time making a plan to acquire food.

- Your ability to live with less utility usage can reduce expenses and give you a better chance at keeping the power on in a crunch. Do an audit this week of your usage and find some ways to cut excessive use.

Use this information to make a personalized plan to weather an economic storm.