

# Preppers University August To-Do List

- Know where police and fire departments, hospitals and urgent cares are located in your area
- Learn how to make biscuits
- Invest in a Dutch oven and other cast iron pans
- Find an alternative cooking method
- Have a “get-me-home” box in all cars
- Keep your anti-virus software up-to-date, choose unique passwords for all important websites. Keep password recorded in a hidden place.
- Learn about potential risks in your area. For natural disasters in your area check the web sites of the CDC, FEMA, and the American Red Cross.
- Throw in some extra dish and clothes soap in the shopping cart this week
- Look for space for storage of prep items in attic, basement, and garage
- Read about alternative methods of washing clothes without electricity
- Choose your alternative washing method and have it in your storage
- Buy a clothesline and clothes pins
- Check for creosote buildup in chimney
- Replace vent filters in home.
- Visit city hall and pick up brochures and other literature about your city
- Teach your family how to be street smart. How to handle strangers, follow that gut feeling...
- Download the Pocket First Aid & CPR app on your phone
- Strap water heater to wall studs
- Secure heavy furniture and mirrors to the wall
- Add nuts, popcorn, peanut butter and jelly to the pantry
- Place heavy objects on lower shelves of furniture
- Buy any first aid kits needed for car, work, home...
- Keep in car- jumper cables, basic tools, electrical and duct tape, water...
- tock up on cocoa, tea and coffee
- Keep phone power banks charged
- Have enough phone charging cords in cars
- Read about how to dehydrate food

- So many uses for baking soda. Inexpensive, so buy a lot. It can be stored in freezer.
- Learn how to preserve eggs, milk and cheese
- Now give it a try- preserve one of the three
- Have a variety of crackers, pretzels, jerky and trail mix stored in emergency kits