

Preppers University November To-Do List

- Buy 5 lbs. of iodized salt
- Research ways to protect and defend yourself and home. Gun, stun gun, pepper spray...
- Make or update your car kit
- Check and rotate food in cupboards
- Buy 400 tablets “one a day” multivitamin and mineral supplements
- Add ramen style noodles and pasta to your food storage
- Learn how to winterize your car for cold weather. Keep any needed liquid in the truck.
- Have in all your preparedness kits and cars, notepads, pencils, pens, coloring books and crayons for kids
- Learn what to do if you are stranded in your car in cold weather
- Check all holiday lights and extension cords for wear. Check plug in sockets. Replace if needed.
- Do a trial run with your bug out bag. Add what you are missing.
- Add two boxes of wooden matches to your supply
- Cuddle up this winter and read free or low cost e-books about preparedness
- Learn about the different generators. Save/buy one that works for your situation.
- Make a Christmas list for Santa of preparedness items you want for Christmas
- Practice using your two-way radios
- Take another free FEMA class
- Visit your city or county website to find out if they provide email and text-message alerts/warnings
- Add to vehicles, and all emergency kits a rain poncho and light sticks
- Go through your emergency binder. Update or add to it.
- Contact any close friends or neighbors have a power generator, chain saw or other equipment. Offer to share equipment or help in an emergency.
- Learn about how to shelter in place and sealing a room
- Buy bouillon and instant soup
- Develop a lifestyle of frugality. There is a lot of information online.
- Learn how to make broth from the leftover turkey bones from Thanksgiving. Freeze it for later.
- Check your sleeping bags, blankets and pillows. Do you have enough?
- Stock up on Chap Stick, petroleum jelly, lotions, mineral oil

- Read (just buy the book and keep in your home) about foraging
- Practice foraging for food in your area.
- Play devil's advocate, look at your bug out location, home and away from home plans. What would a bad guy see? How would a burglar, angry neighbor or rioter view your home?
- Who do you know that is an expert in a skill that will help in an emergency? Glean information