

# Preppers University October To-Do List

- Buy 1 gallon of olive oil (can be frozen to extend shelf-life) and a can of shortening.
- Walk around the inside and outside of your house, look for poor security/lighting areas.
- Update your 72 hour bag.
- Buy at least 4 five-gallon water containers.
- Invest in LED flashlights and extra batteries.
- Go through your toolbox, clean and organize tools.
- Purchase manual can openers. Army can openers can be stored in bug out bags.
- Try a new recipe with food from your food storage.
- Read a book or articles about home defense.
- Locate in your garage or acquire a screw driver set, electrical tape, and axe
- Check smoke/carbon monoxide detectors. Replace batteries.
- Baking season! Stock up on pantry staples.
- Download the “know your plan” app on your phone
- Look for emergency preparedness fairs in your area
- Stock up on granola and energy bars. Put in bug out bag, car bag, etc....
- Read about how to store chemicals and poisons
- Store all your household chemicals and poisons in safe places
- Complete an emergency contact card and make copies for each member of your family to carry with them. Be sure to include an out-of-town contact on your contact card.
- Winterize your home. Insulate pipes and windows, shelter for animals, store additional wood.
- Buy canned gravy, chili and other ready to eat canned meals
- Have on hand the Boy Scout Handbook and other survival books
- Check your sewing supplies. Do you have good scissors, sewing supplies and enough fabric to get you through an emergency?
- Organize your BBQ utensils and cookware (skewers, veggie grill, long mitts...) Is there something you could add?
- Buy a book (not e-book) about herbs and their use for medicinal purposes
- Read about essential oils and their benefits
- Purchase essential oils you feel would benefit your family most. Build up a stock supply.
- Increase your strength! Find exercises that build muscle.
- Learn how to regrow your food indoors- celery, lettuce, herbs...

- Have a weather app on your phone to alert you of any storms. Weather Underground is recommended.
- Check your candles and lanterns. Replace or add wicks, oil, batteries...