

# Preppers University September To-Do List

- Buy 5 lbs. oats
- Walk around house, look for potential hazards, tree limbs too close to home, leaky faucet, overgrown vegetation
- Join or organize a neighborhood watch
- Back up your computer online or on an external hard drive
- Buy large containers of Kool-Aid Drink Mix and bottled water
- Check/update your vehicles for blankets, food, first aid kits, flashlights,
- Establish a meeting place and kid pick up plan
- Know how to make your own electrolytes. A pinch of salt, a handful of sugar and a half liter of water can prevent death from diarrhea.
- Stock up on an assortment of spices. Good basics are Chili, onion and garlic powder, Cinnamon, Sage, Oregano, Rosemary, Thyme, Basil, Cumin and Black Pepper.
- Organize kitchen pantry
- Practice tying knots with family
- Pick up some work gloves and latex or nitrile gloves. Store in bug out bag, cars, evacuation boxes...
- Store foods that those with dietary issues can eat
- Read about sanitation in emergencies
- Stock up on trash bags, heavy weight
- Locate in your garage or acquire nails, screws, nuts & bolts tarps
- Read about how to heat home and keep warm for the winter
- Before winter arrives, find alternative heating for home
- Stock vehicles with umbrellas, scrapers, shovels... for the winter weather
- Take community classes that will help you in your preparedness efforts
- Fall is in the air, stock up on cold and flu medicine
- Take another free FEMA class
- Download the Red Cross app on your phone
- Store an extra pair of winter clothes in your car.
- Follow on social media your local city & county emergency services
- Go through your emergency binder, add to it
- Read about food preservation

Bottle food from garden or purchased at store`

Buy canned soups